



U16-18 Girls Tournament Guide - Spring 2026

Match Info:

- We will play an extended match of approximately 4x20 minute quarters.
- Red card discipline will be handled on a case by case basis by the Head Referee.

Zero Tolerance Policy for Player, Coach, & Referee Abuse

Match Format:

- Location - Toronto French School (TFS)
- Date - Sunday, June 21st, 2026

Players arrive 2:45pm		
3:00 PM	4x20 mins	Extended Game
10 Minute Award Presentation		

What we expect from you:

- A commitment to promote a positive tournament playing environment that gives all players equal playing time.
- Respect for all players, parents, coaches, and referees, at all times.
- Positive reinforcement is your best friend for encouraging players to keep trying.
As a volunteer parent coach, your job on the field is to be a good role model.

Technical Reminders:

- All match officials are to be respected at all times.
- Questions, email Ben, the Head Referee, at referees@northtorontosoccer.com.